

Meeting Minutes

LPC Mission Statement

Las Positas College is an inclusive, learning-centered, equity-focused environment that offers educational opportunities and support for completion of students' transfer, degree, and career-technical goals while promoting lifelong learning.

LPC Planning Priorities

- ❖ Implement the integration of all ACCJC standards throughout campus structure and processes.
- ❖ Establish a knowledge base and an appreciation for equity; create a sense of urgency about moving toward equity; institutionalize equity in decision-making, assessment, and accountability; and build capacity to resolve inequities.
- ❖ Increase student success and completion through change in college practices and processes: coordinating needed academic support, removing barriers, and supporting focused professional development across the campus.
- ❖ Coordinate resources and provide professional development for effective online instruction and remote delivery of student support services and college processes to advance equitable student outcomes.

Kinesiology / Sports Medicine Advisory Board Members

Andrew Cumbo
Robert Huntington*
Anne Kennedy*
Kevin Kramer*
Reyna Macias*
Anela Schenone*
Vicki Shipman
Justin Traille*
Peter Wang*

Guests
Ellie Hirstein*

1. **Call to Order** at 11:10 a.m.
2. **Welcome and Introductions**
3. **Review of Agenda**
4. **Review of Previous Minutes**
 - The previous minutes were taken about 6 years prior and thus were considered outdated.
5. **Faculty Report**
 - **Program Update**
 - Compared to the last time we met; the program is growing! It started back in 2018; we have four main courses in the program:
 - KIN 17 - Intro to Athletic Training and Sports Medicine
 - KIN 19 - Care and Prevention of Athletic Injuries
 - KIN 18A - Athletic Training Practicum 1
 - KIN 18B - Athletic Training Practicum 2
 - KIN 19 is the more advanced course to KIN 17, with that Intro course being a prerequisite. KIN 18A/B are the practicum courses in which students work clinically alongside Anela.
 - When the program first started the idea initially was to have students meet all the requirements for admission into an athletic training program, however, this has evolved and now the goal is to have students meet admission requirements for a master's program.
 - **Enrollments**
 - Started in 2018, but the pandemic really took us out and we are having to start all over, basically.
 - To build enrollment, we are offering KIN 17 every semester; however only about 1/3 to 1/2 of the students move on to KIN 19. So, where we used to offer KIN 17 in Fall and KIN 19 in Spring, we now offer KIN 17 every semester and KIN 19 every Spring and occasionally will put it on the schedule for Fall to help capture more students and boost our program's completion rates.
 - **Completions**
 - Between 2019-2023, we have had 3 program completions; COVID had a lot to do with that.
 - However, we'll have 6 students complete the program for the 2023-2024 cycle. All those students are moving on to an advanced program (Cal State East Bay, Sacramento State, Miami, San Diego/San Marcos, and a PTA program).
 - **Program Development/Opportunities**
 - Anela is trying to build relationships with Cal State East Bay. Since her students are transferring there, she realized that their Kinesiology program requires more internship hours so a lot of the students going there want to come back to LPC and take the practicum with her; she will look into developing new curriculum for additional practicum sections (C, D).

- Recommendation: reach out to Tony Kearns, Director of Sports Medicine at CSU East Bay.
- Reyna, who is a former LPC, and now current Cal State East Bay student, shared that CSU EB's internship has more personal training type of work whereas Las Positas offers more athletic training experience. She encouraged Anela to write the additional two sections of practicum curriculum so that she as well as other students can gain more experience and clock more internship hours.

6. Industry Updates

• Skills in Demand

- Bobby, SCI-FIT: Hands-on/client interaction skills (empathy/professionalism/HIPPA); anyone can kind of learn some of the skills that are required to do the job, but teaching someone soft skills like how to be empathetic and interact with clients is important.
- Reyna: Skills around how to connect with clients, how to ask certain questions and navigate communicating with and working through client's injuries or whatever diagnostic they have. More exposure.
- Peter, UOP: First Aid/CPR, basic understanding of anatomy and functional anatomy in particular., language skills (bi-lingual)
- Justin, SportsPlus: The last quarter for Chiropractic school is a field placement internship; Bobby and Peter, both nailed it from the skills standpoint of students can learn the skills necessary to do the job, but it's really about the softer skills and the ability to communicate with people and almost be a chameleon in the sense of being able to change your personality based on what the individual that you're interacting with is giving you.

• Emerging Trends/Technologies

- Game Ready Med4 Elite Multi-Modality Contrast & Compression Therapy Units
- Shock Wave Therapy Units
- Blood Flow Restriction Therapy Units

• Internship Opportunities

- Peter, UOP: Myself and the department chair are talking about restructuring the whole internship route for most of our majors. We want to have a class that students take to prepare them for actually going out into the field and interning that addresses topics like HIPPA and bloodborne pathogens training and includes more professional development like updating their resumes, interview training, dress code, and etiquette around not being on their phone during clinical hours etc.
- Anela shared, part of what this program is for is for entry-level employment and asked the advisory board for recommendations on how to help connect her students to entry-level opportunities in the community.
 - The biggest question that you'll run into with this is whose insurance would the student fall under? Will Las Positas be providing that insurance or would they be working under that local companies' insurance?
 - Reyna shared that her education at LPC is how she got her opportunity with SCI-FIT after talking with the owner's wife.
 - Smaller companies are always looking for extra pairs of hands and people to help out, try reaching out to those places and inquiring if they need any help and pair your students that way.
 - Anne mentioned that if students have an internship we should be encouraging them to sign up for our WRXX 94 class in which our insurance would cover them.

7. Recommendations from Advisory Board

- *None at this time*

8. Other Business

- *None at this time*

9. Next Regular Meeting – TBD in Spring 2025

10. Adjournment at 11:55 a.m.