

# Hear My Story: Guided Conversations with Veterans

Presented by the  
Veterans First Program  
Las Positas College



The Veterans First Program will lead an interactive session where guests will be engaged in guided conversations with student veterans. Participants will be paired with a veteran who will share their "why" ... why they joined the military, why they chose Las Positas College, and what they would like faculty to know about them or veterans. The engagement with student veterans will raise awareness about veteran culture, increase empathy, and foster a sense of connectedness with veterans enrolled at the community college. We will close with a group debrief or group processing experience.

## Description of Session

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# Guidelines

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Participants/Faculty & Classified Professionals:  
Listen.

Make it conversational. Discern experiences from a traditional v. nontraditional student experience.

Veterans:

Share your story. Make it conversational. Follow the prompts on the next slide.

# 9:10-9:40 am - Guided Questions

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## Introduction

Name  
Major  
Branch of Service  
Age (optional)  
Why you joined the military

## My Recent Past

Describe an experience you had serving in the military that was most impactful

-- Where were you deployed?

-- Use your senses - what did you see, hear, taste, feel, smell about that experience.

-- How did it change you?  
Injured? Hidden disabilities?

## Present Day

Describe your experience in the classroom with traditional college students - what emotions did you experience; how did you overcome those barriers?

What tips or advice would you want faculty to know about you as a veteran?

# 9:40-9:50 am - Group Debrief

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Participants/Faculty & Classified Professionals:  
Sharing ... How was your conversation? What change could you affect to foster a sense of belonging for veterans? Open conversation.

Veterans:

If it was not said, what information would you like faculty or classified professionals to know about veterans. Open conversation.

Workshop Evaluations



<https://tinyurl.com/fall24flexeval>

**THANK YOU** for attending our session!  
Please complete the workshop  
evaluation.



**Workshop Evaluations**



Workshop Evaluation

<https://tinyurl.com/fall24flexeval>

The image shows a graphic for workshop evaluations. At the top, the text 'Workshop Evaluations' is written in bold black font. Below this is a large QR code with a red border. The QR code itself has the Las Positas College logo in the center. Below the QR code, the text 'Workshop Evaluation' is written in white on a dark red background. At the bottom of the graphic, the URL 'https://tinyurl.com/fall24flexeval' is displayed in blue text.

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