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# NONCREDIT PSYCHOLOGY-COUNSELING

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### **NPCN 209 - Career/Major Exploration**

#### **0 units**

This noncredit, zero cost course introduces students to on-line tools and campus services available for major or career selection. Basic exploration of individual interests, values, skills, and how to research particular occupations. Emphasis is placed on next steps for continued exploration, goal-setting, and strategies for decision making. Designed for students who are undecided or uncertain of the career or educational plans. 5 hours lecture.

- Noncredit
- Grading Option: Letter or Pass/No Pass

### **NPCN 211 - Career Preparation**

#### **0 units**

This noncredit, zero cost course is an introduction to job-readiness skills and tools to help students enter the workforce. Exploration of campus and community resources for career preparation, job search and networking. Emphasis on creating a plan for students' next steps. Designed for students who are decided on their career choice and preparing to enter the workforce. 7.5 hours lecture.

- Noncredit
- Grading Option: Letter or Pass/No Pass