

LAS POSITAS COLLEGE CATALOG 2023 - 2024

COUNSELING SERVICES

Counseling services (Building 1600) are central to student success at Las Positas College. Counselors provide academic, career, and personal counseling services. They orient new students and teach Psychology-Counseling courses in Career Development, Human Services, Student Success and the College Experience, Study Skills, and Transfer Planning. Each student meets with a counselor to select courses based upon the student's skills and academic interest and develops a Student Educational Plan (SEP) to meet academic, career, and personal goals. Course placements are established, and articulation agreements with four-year colleges and universities are used to create accurate SEPs for transfer. Counselors remain available to students throughout their college career.

Academic Counseling

Counselors assist students with selection of courses based upon the student's assessed skills and interest, their selected career, associate degree, and/or the institution to which they plan to transfer. Students are encouraged to meet with a counselor in their first semester to develop a Student Educational Plan (SEP) to assure their path meets their individual goals.

Career Counseling

Counselors are available to assist students in self-assessment and career selection processes. Students will be encouraged to examine their skills, interests, and aspirations and to research career possibilities that offer opportunities for utilizing their unique skills and personal qualities.

Personal Counseling

Counselors hold graduate degrees in counseling-psychology or related fields and provide individual and group counseling. Short-term confidential personal counseling is available to help students discuss ways to remove personal barriers to their academic progress. Referral to community resources is available for those requiring long-term personal counseling.

Online Counseling

Online Counseling services are available for students who want to meet with a counselor but can't attend in-person. Online counseling allows for interaction with a counselor and the opportunity to review student needs and plan individual educational goals.

Counseling E-mail

Students and prospective students can contact the Counseling Department to receive answers electronically from counseling representatives at: lpc-counseling@laspositascollege.edu.