

DEGREES & CERTIFICATES

NUTRITION AND DIETETICS ASSOCIATE IN SCIENCE FOR TRANSFER (AS-T)

About the Program

The Associate in Science in Nutrition and Dietetics for Transfer is designed for prospective California State University (CSU) transfer students who are preparing for careers in the field of Nutrition and Dietetics such as a Registered Dietitian (RD), Nutritionist, Licensed Nutritionist and Dietetic Technician Registered (DTR) to name a few. Completion of the Nutrition and Dietetics degree will provide a streamlined pathway for transfer to a CSU campus with a Nutrition Science or similar major. Students should consult with a counselor to determine whether or not this degree is the best option for their transfer goals. General education requirements should be selected carefully based on the intended transfer institution. There are UC unit limitations with Chemistry courses; please see a counselor for details if you are pursuing transfer to the UC system.

Program Goals and Objectives

The Associate in Science in Nutrition for Transfer degree is designed to prepare students for a seamless transfer into the CSU system to complete a baccalaureate degree in Nutrition, Dietetics or a similar major. Students who obtain the Associate in Science in Nutrition and Dietetics for Transfer degree will have completed the common core of lower division courses required for a CSU baccalaureate degree in Nutrition Science in the fields of Nutrition and Dietetics.

Career Opportunities

The majority of Registered Dietitians (RD), Registered Dietitian Nutritionist (RDN) and Diet Technicians (DTR) work in the treatment and prevention of disease (administering medical nutrition therapy, often part of medical teams), in hospitals, HMOs, private practice or other health-care facilities. In addition, a large number of RDs work in community and public health settings and academia and research. A growing number of RDs and Licensed Nutritionists work in the food and nutrition industry, in business, journalism, sports nutrition, corporate wellness programs and other non-traditional work settings. Preparation for the Dietetic Internship to achieve a RD, RDN, DTR or Licensed Nutritionist credential requires a bachelor's degree in nutrition.

Program Outcomes

- Upon completion of the AS-T in Nutrition and Dietetics, students are able to acquire knowledge to develop health promotion and disease prevention programs that address diverse populations within a community (such as ethnicity, cultural backgrounds, socioeconomic status, and regional resources).
- Upon completion of the AS-T in Nutrition and Dietetics, students are able to critically evaluate factors influencing obesity, and the metabolic consequences of obesity, as it relates to chronic disease.
- Upon completion of the AS-T in Nutrition and Dietetics, students are able to evaluate personal energy and nutrient requirements, along with the nutrient density of various food sources, using current dietary assessment tools.

Completion Requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC) or CA State University General Education – Breadth Requirements.
 - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0.

Associate Degrees for Transfer (ADT's) also require that students must earn a "C " (or "P") or better in all courses required for the major or area of emphasis.

Required Core: (16 Units)

BIO 7C Microbiology.....	5
CHEM 1A General College Chemistry I.....	5
NTRN 1 Introduction to Nutrition Science.....	3
PSYC 1 General Psychology.....	3

List A: Select Two (9-10 Units)

CHEM 1B General College Chemistry II.....	5
CHEM 12A Organic Chemistry I.....	5
BIO 7A Human Anatomy.....	5
BIO 7B Human Physiology.....	5
MATH 40 Statistics and Probability.....	4

List B: Select One (3-5 Units)

CHEM 12B Organic Chemistry II.....	5
CHEM 30A Introductory and Applied Chemistry I.....	4
CHEM 30B Introductory and Applied Chemistry II.....	4
ECON 1 Principles of Microeconomics.....	3
ECON 2 Principles of Macroeconomics.....	3
SOC 1 Principles of Sociology.....	3

Total Units for the Major.....28-31

Additional General Education and Elective Units..... 29-32