

Follow the steps below to explore careers, dream big, and create a plan for YOU.

Navigate to <https://bayarea.gladeo.org> to get started, preferably from a computer.

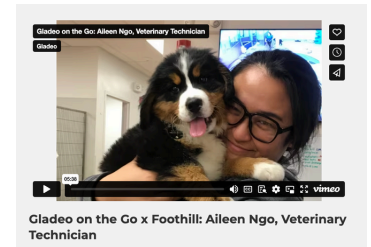
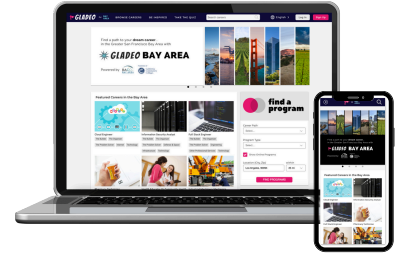
Watch Spotlight Videos

Explore real and inspiring career stories

Uncover career possibilities by exploring spotlight videos featuring real professionals from diverse industries in the Bay Area. These stories provide insights into their journeys, challenges, and successes to inspire your path forward.

Here's how to get started:

- Visit the [Gladeo Bay Area Homepage](#)
- Scroll down to the “Featured Spotlights in the Bay Area” section to browse highlighted career videos.
- Click on a thumbnail to watch and learn from local professionals' career stories.
- Use the related spotlight videos to view other career stories.



Gladeo on the Go x Foothill: Raymond Huang, EMT

Now, head over to Page 3 and complete ITEM A.

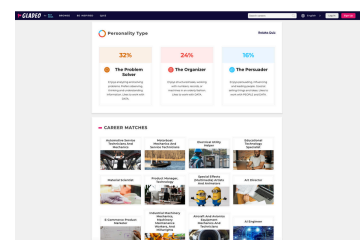
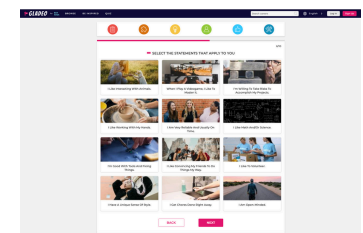
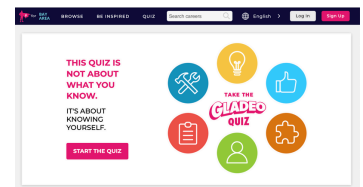
Take the Gladeo Quiz

Discover your personality type

Learn more about your personality type and explore career pathways that align with your strengths and interests! The Gladeo Quiz helps you discover careers that match your unique traits. It's quick, fun, and insightful—start your journey today!

Here's how to get started:

- In the header menu, click “[Quiz](#)”. then click “Start the Quiz”
- Answer the questions thoughtfully, and once you're done, review your personalized results to explore career pathways tailored to your unique personality and interests!
- If you want to save your results, follow the prompts and create a free account.
- **Now, head over to Page 3 and complete ITEM B to document your quiz results.**



Explore Career Pathways

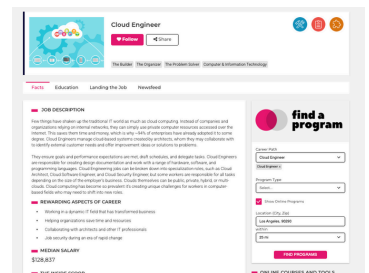
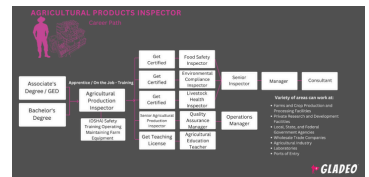
Learn about careers and how to navigate them

From your quiz results, explore 3-5 of your career matches and explore the detailed career profiles. Prefer to explore on your own? Head to "Browse" in the top menu to discover careers by Industry or Personality.

On the career profile, click on the following tabs to learn:

- Facts: The career, responsibilities, required skills, work settings, wages, and job outlook.
- Education: The education, training, credentials, or licenses needed.
- Landing the Job: Check out the "Typical Roadmap" and get tips for securing your first job.

Now, head over to Page 3 to Complete ITEM C to document your career explorations.

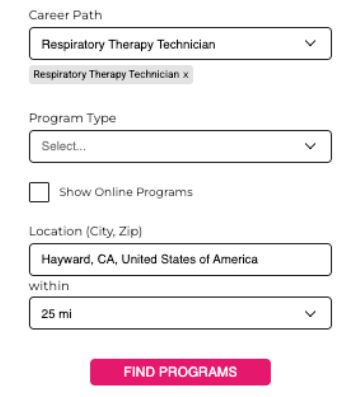
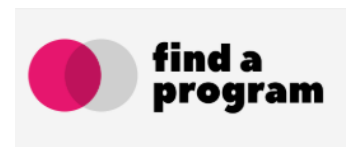


Excited About a Career?

Let's Find a Program in the Bay Area and Dive Deeper

Look for the "Find a Program" widget across the site.

- Select your desired career path in the "Career Path" field and click "Find Programs".
- From the results, click "Learn More" to explore each program in detail.
- Click "Pathway Mapper" for suggested course maps.
- On the program page, click "Learn More" again to visit the college's page and discover admissions requirements and application steps.



Now, head over to pages 4-6 and complete ITEM D, 'My Plan,' for your dream career. If you're considering more than one career, feel free to use the additional templates provided.

Explore Local Opportunities

(Optional, registration required)

Explore exciting local opportunities with the Gladeo Bay Area Newsfeed! Find the latest updates under "Recent Posts" on the home page, just below the Program Finder widget. For a more personalized experience, click the pink "Sign Up" button in the top-right corner to create an account and follow careers and industries that inspire you—unlocking a tailored newsfeed designed just for you.



_____’s Career Discovery Journal and Plan

ITEM A **Get in the Zone:** Take a moment to imagine your future. What kind of life do you want to build? What excites you the most? You can write or draw your thoughts below!

ITEM B **Learn about Yourself:** Write down your three personality types. Reflect on it. Does it sound like you? What parts of the description feel accurate?

Career Interests: From the career matches you received, which three careers were most interesting to you?

Career 1:

Career 2:

Career 3:

ITEM C **Explore Careers:** From the three careers you chose, answer the following questions for each:

Why does this career interest you?

What skills or education does it require? How long might the training take?

Look at the Typical Roadmap for this career. (Under “Landing the Job”) Where can this career path start, and where can it lead?

My Plan: Now that you've learned about different careers, it's time to take your next steps! Let's dig deeper into the career(s) you're most interested in. (If there's more than one, please use the add'l templates provided below)

My Dream Career:

Relevant Educational/Training Programs I'm interested in. (List at least three.)

Steps I Need to Take: Please list at least three steps you can take to move towards your career goals. This could include things like preparing your application for a training program, putting together a portfolio, taking prerequisite classes over the summer, researching scholarships, or reaching out to mentors for advice.

Concerns, Doubts, or Questions: What questions or doubts do you have? What would you like to discuss with a counselor or mentor to help you make decisions or take your next steps?

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